



MATARSKRÁ

FRÁ KLOKKAN 11:00-20:30

KEYP ONLINE

WWW.FRIDA.FO

TLF. 593344

FRIDA@FRIDA.FO

BURGARAR

FRÍÐUBURGARI 159

BBQ, SALAT, HAKKAÐ OKSAKJØT, WHISKYGLAZE, CHEDDAR, FLESK, OSTASÓS, REYÐLEYKUR

HØSNARUNGABURGARI 159

HØSNARUNGABRINGA, KARRYDRESSINGUR, FLESK, SALAT, REYÐLEYKUR, AGURK, TOMAT

VEGANSKUR BURGARI 159

HAVRABÚFFUR, VEGAN MAYO, TOMAT, SÚLTAÐUR REYÐLEYKUR, AGURK, SALAT, WHISKYGLAZE

ALLIR BURGARA HAVA STOKT EPLIR OG KILIMAYO

SALATIR

HØSNARUNGI 149

HØSNARUNGI, KARRYDRESSINGUR, SALAT, TOMAT, AGURK, HUNANGSMELÓN, FLESK, JARÐNØTIR, PIPARFRUKT, DAGSINS BREYÐ/BOLLI

BROKKOLISALAT VIÐ BAKAÐUM LAKSI

BROKKOLI, DRESSINGUR, SPÍSKKÁL, PIPARFRUKT, SÚREPLIR, REYÐLEYKUR, ROSINUR, KJARNIR OG MANDLIR.

DAGSINS BREYÐ/BOLLI OG OLIVEN OLJA 149

CROISSANTAR

SKINKA & OSTUR 120

SERRANO SKINKA, BRIE, SALAT, TOMAT, OLIVEN, REYÐLEYKUR, BALSAMICO GLAZE

HØSNARUNGA 129

RØRT HØSNARUNGASALT VIÐ VÍNKÓKAÐUM SOPPUM, REYÐLEYKUR, SALAT, AGURK, TOMAT, PIPARFRUKT OG FLESK

RÆKJUR 129

GRØNLENSKAR RÆKJUR Í HVÍTTLEYKS-/DILDDRESSINGI, SÚLTAÐUR REYÐLEYKUR, SALAT, AGURK, TOMAT, DILD, SITRÓN

YMISKT

STOKT SMÁEPLIR 49

VIÐ KILIMAYO

KREMUT FISKASUPPA 120

VIÐ GRØNMETI, PAPRIKA OG RÓMA. BORDREITT VIÐ DAGSINS BREYÐ/BOLLA

BOLLI ELLA KJARNUBREYÐ - VEL MILLUM 40

- OST OG PIPARFRUKT / SÚLTUTOY
- RULLUPYLSU
- SMYRJISJOKULÁTU

UTTAN GLUTEN +15

NÆSTAN ALLIR RÆTTIR KUNNU GERAST UTTAN GLUTEN, **SPYR VIÐ KASSAN** (ALLUR MATUR ER TÓ VIÐGJØRDUR Í SAMA HØLI)

MØGULIGT ER AT SKIFTA CROISSANTIN ELLA LJÓSA BREYÐIÐ ÚT VIÐ KJARNUBREYÐ

BØRN

BARNAMATSKRÁ

DAGSINS RÆTTUR - SPYR VIÐ KASSAN 75

BARNABURGARI

BOLLI, HAKKAÐUR OKSAKJØTSBÚFFUR, 55 KETCHUP, AGURK

+ STOKT SMÁEPLIR 20

FRÁ KLOKKAN 09:00-12:00

MORGUNMATARTALLERKUR 149

EGG, FLESK, OSTAR, BREYÐ, BOLLI, PYLSUR, SKINKA, MANDLUR, JOGURT, HEIMAGJØRT MÚSLI (GF) - KAFFI/TE ÍROKNAÐ + ÍFYLLING

FRÁ KLOKKAN 09:00-14:00

POCHERAÐ EGG ELLA SPEILEGG 60

KALTHEVAÐ BREYÐ, RISTAÐ VIÐ OLIVEN OLJU, PESTO, TOMAT, SALAT, FLESK - VEL ÍMILLUM 1 POUCHERAÐ EGG ELLA 1 SPEILEGG

WWW.FRIDA.FO



MENU

FROM 11AM-8:30PM

ORDER ONLINE

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B U R G E R S

FRIDA BURGER 159
BBQ, SALAD, MINCED BEEF PATTY, WHISKY GLAZE, CHEDDAR, BACON, CHEESE SAUCE, RED ONIONS

CHICKEN BURGER 159
CHICKEN BREAST, CURRY DRESSING, BACON, ICEBERG, RED ONION, CUCUMBER, TOMATO

VEGAN BURGER 159
OAT BASED PATTY, CHILI MAYO, TOMATO, PICKLED RED ONION, CUCUMBER, ICEBERG, WHISKY GLAZE

ALL BURGERS ARE SERVED WITH PAN FRIED POTATOES AND CHILI MAYO

S A L A D S

CHICKEN 149
CHICKEN, CURRY DRESSING, ICEBERG, TOMATO, CUCUMBER, HONEY DEW MELON, BACON, PEANUTS, RED PEPPER, BREAD/BUN

FRESH SALMON WITH BROCCOLI SALAD 149
BROCCOLI, DRESSING, POINTED CABBAGE, RED PEPPER, APPLE, RED ONION, RAISINS, SEEDS AND ALMONDS. BREAD/BUN AND OLIVE OIL

C R O I S S A N T S

SERRANO AND BRIE 120
SERRANO HAM, BRIE, SALAD, TOMATO, OLIVES, RED ONION, BALSAMIC GLAZE

CHICKEN 129
STIRRED CHICKEN SALAD WITH WINE STEAMED MUSHROOMS, RED ONION, SALAD, CUCUMBER, TOMATO, RED BELL PEPPER, BACON

PRAWNS 129
GREENLANDIC PRAWNS IN A GARLIC/DILL DRESSING, PICKLED RED ONION, SALAD, CUCUMBER, TOMATO, DILL, LEMON

V A R I O U S

PAN FRIED POTATOES 49
SERVED WITH CHILI MAYO

CREAMY FISH SOUP 120
WITH MIXED VEGETABLES, PAPRIKA AND CREAM SERVED WITH BREAD/BUN

BUN OR DARK SEEDED BREAD 40
- CHOOSE BETWEEN:
• CHEESE AND RED BELL PEPPER / JAM
• LAMB SAUSAGE COLD CUT
• HOMEMADE CHOCOLATE SPREAD

NO GLUTEN? +15

NO PROBLEM!

ALMOST ALL OF OUR DISHES CAN BE SERVED GLUTEN FREE (NOTE THAT ALL FOOD IS PREPARED IN THE SAME AREA)

IF YOU WISH, YOU CAN
EXCHANGE THE CROISSANT OR WHITE BUN WITH SEEDED BREAD

KIDS

KIDS MENU 75
DISH OF THE DAY - ASK AT REGISTER

BURGER 55
BUN, MINCED BEEF PATTY, KETCHUP, CUCUMBER

+ PAN FRIED POTATOES 20

FROM 9AM-12PM

BREAKFAST PLATTER 149
EGG, BACON, CHEESE, BREAD, BUN, SAUSAGES, SERRANO HAM, ALMONDS, CROISSANT, YOGURT, HOMEMADE GRANOLA (GF)
- COFFEE/TEA WITH REFILL INCLUDED

FROM 9AM-2PM

POACHED OR FRIED EGG 60
OLIVE OIL TOASTED COLD-RAISED BREAD, GREEN PESTO, TOMATO, SALAD, BACON
- CHOOSE BETWEEN 1 POACHED OR 1 FRIED EGG

WWW.FRIDA.FO

DRYKKIVØRUR

MÁN-FRI KL. 11:00-21:00
LEY FRÁ KL. 11:00-00:00

FRÍSKT DJÚS *frískar, heilsugóðar rávörur, djúsadar í eitt glas*

APPILSIN **49**
APPILSIN, SÚREPLI OG GULARÓT
APPILSIN, SÚREPLI, GULARÓT OG INGIFER

ÍSBLAND *flótandi, ísakalt ísbland við sötum herligheitum -við mjólk og róma, er Raska at hórna*

SJOKULÁTA **39**
KARAMELL
OREO

+ ESPRESSOSKOT **+20**

SODAVATN

JOLLY *leskandi,* **30**
JOLLY X *brúsandi*
SISU *og sera*
AQUA CITRUS & LIME *stutfliutt frá*
HINDBER *Føroya Bjór*
ORANGE
GINGER ALE

LEMONAID⁺

BLÓÐAPPILSIN **45**
PASSIÓNSFRUKT

ChariTea

ROOIBOS REYTT TE OG **45**
PASSIÓNSFRUKT
GRØNT TE VIÐ INGIFER

VISTFRØDILIGT OG FAIRTRADE VIÐURKENT

HVØR SELD FLØSKA STUÐLAR VÆLGERANDI LEMONAID & CHARITEA STOVNINUM.

LES MEIRA Á WWW.LEMONAID-CHARITEA-EV.ORG/EN

vistfrøðiligt og leskandi - og eitt gott non-profit endamá

KAFFI *nýbrent og nýbryggjað*

FILTURKAFFI **32**
AMERIKANO **40**
CAPPUCINO **45**
KAFFI LATTE **45**
ÍSLATTE **45**
DUPULTUR ESPRESSO **40**
FLAT WHITE **45**
CORTADO **45**
MACCHIATO **45**
TOFFEE LATTE **52**
TIRAMISU LATTE **52**
MOKKA (SJOKULÁTA + ESPRESSO) **52**
LAKTOSUFRÍ / HAVRAMJÓLK **10**

TE *Birchall Tea - gott, enskt te*

ENGLISH BREAKFAST **30**
EARL GREY **30**
SITRÓNGRAS OG INGIFER **30**
PIPARMYNTA **30**
KAMILLA **30**
REYÐBERJA TE **30**
REYÐRUNNA TE ORG. **30**
CHAI **30**
GRØNT **30**
ICETEA - PEACH **45**
CHAI LATTE **55**

HEITT KAKAO

BARNAKAKAO **30**
KAKAOKRÚSS **40**
RÓMA **5**
SKÚMDUDDAR **5**

belgisk sjokuláta í skúmaðari, heitari mjólk

SIROPPAR **10**

SJOKULÁTA - KARAMELL - VANILJA - KANEL - HESILNØT - TIRAMISU - CHAI

ØL OG CIDER *bryggjað hjá grannanum*

VEÐRUR LAGER (4.6%) **50**
SLUPP (5.8%) **50**
VODKA LEMON MIX **50**
NORDIC CIDER (4.5%) **40**
PINK GRAPE MIX **40**

KOKKTEYL *lødandi, svalandi - uttan bil*

EINAR'S GIN & TONIC **90**
EINAR'S GIN HASS
BIG LEBOWSKI
JOLLY PAMPERO
ÍRSKT KAFFI
LATTE DISARONNO
KIR ROYAL

bitandi kalt og leskiligt!

FRYST PIÑA COLADA **100**
romm, ananas, kokus
FRYST GIN HASS
gin, mango, leim
FRYST MARBELLA
vodka, cointreu, leim, passiónsfrukt

VÍN *mótsetningarnir fullfiggja, tá matur mótir vini*

REYTT - VITO ZINFANDEL **70**
HVÍTT - VITO CHARDONNEY **70**
BRÚSANDI - PROSECCO MILLESIMATO **70**

SNAPS *ein uppá tað reina!*

EINAR'S BITTER **50**
EINAR'S AKVAVITT **50**
EINAR'S WHISKY **180**

DRINKS MENU

MON-FRI FROM 11AM-9PM
SAT FROM 11AM-MIDNIGHT

FRESH JUICE *fresh and curative ingredients, all squeezed in a glass*

- ORANGE **49**
- ORANGE, APPLE & CARROT **49**
- ORANGE, APPLE, CARROT & GINGER **49**

a liquid, frozen, sweet glass of deliciousness BLENDED ICE DESSERTS

- CHOCOLATE 39**
- CARAMEL
- OREO

+ ESPRESSO +20

FIZZY DRINKS

- JOLLY **30**
- JOLLY X
- SISU
- AQUA CITRUS & LIME
- RASPBERRY
- ORANGE
- GINGER ALE

*quench your thirst with locally produced bubbles
from Føroya Bjør*

LEMONAID⁺

BLOODORANGE 45
PASSION FRUIT

ChariTea[®]

ROOIBOS RED TEA & 45
PASSION FRUIT
GREEN TEA WITH GINGER

ORGANIC & FAIRTRADE APPROVED

EVERY SOLD BOTTLE SUPPORTS THE NON-PROFIT
LEMONAID & CHARITEA FOUNDATION
FOR MORE INFO, SEE WWW.LEMONAID-CHARITEA-EV.ORG/EN

organic and refreshing - and for a good cause

COFFEE *ahh... a fresh brew*

- FILTERED **32**
- AMERICANO **40**
- CAPPUCINO **45**
- COFFEE LATTE **45**
- ÍSLETTE **45**
- DOUBLE ESPRESSO **40**
- FLAT WHITE **45**
- CORTADO **45**
- MACCHIATO **45**
- TOFFEE LATTE **52**
- TIRAMISU LATTE **52**
- MOCHA **52**
- LACTOSE FREE / OAT MILK **10**

TEA *Birchall Tea - good English tea*

- ENGLISH BREAKFAST **30**
- EARL GREY **30**
- LEMONGRASS & GINGER **30**
- PEPPERMINT **30**
- CHAMOMILE **30**
- REYÐBERJA TE **30**
- REDBUSH TEA **30**
- CHAI **30**
- GREEN TEA **30**
- ICETEА - PEACH **45**
- CHAI LATTE **55**
- LACTOSE FREE / OAT MILK **10**

Belgian hot chocolate in foamy Faroese milk

HOT COCOA

- CHILDREN'S HOT CHOCOLATE **30**
- MUG OF HOT CHOCOLATE **40**
- + WHIPPED CREAM **5**
- + MARSHMALLOWS **5**

SYRUPS **10**

- CHOCOLATE - CARAMEL - VANILLA
- CINNAMON - HAZELNUT - CHAI
- TIRAMISU

BEER & CIDER *all brewed next door*

- VEÐRUR LAGER (4.6%) **50**
- SLUPP (5.8%) **50**
- VODKA LEMON MIX **50**
- NORDIC CIDER (4.5%) **40**
- PINK GRAPE MIX **40**

COCKTAIL *recharge and relax -without the car!*

- EINAR'S GIN & TONIC **90**
- EINAR'S GIN HASS
- BIG LEBOWSKI
- JOLLY PAMPERO
- IRISH COFFEE
- LATTE DISARONNO
- KIR ROYAL

FROZEN DRINKS *chilly & delightful*

- PIÑA COLADA **100**
- rum, pineapple, coconut
- GIN HASS
- gin, mango, lime
- MARBELLA
- vodka, cointreu, lime, passion fruit

WINE *opposites are completed when food meets wine*

- RED - VITO ZINFANDEL **70**
- WHITE - VITO CHARDONNEY **70**
- SPARKLING - PROSECCO MILLESIMATO **70**

SHOTS *or as we say "snaps!"*

- EINAR'S BITTER **50**
- EINAR'S AKVAVITT **50**
- EINAR'S WHISKY **180**